

Melba School District
003 - MELBA HIGH SCHOOL
Jan 2026 Lunch Menu
MID/HIGH

Dec 16, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 5 NACHOS or CHEESEBURGER CARROT STICKS TATER TOTS FRUIT MILK	Jan - 6 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Jan - 7 CHICKEN SANDWICH POTATO CHIPS BROCCOLI, raw FRUIT MILK	Jan - 1 SALAD BAR or SPAGHETTI AND ME SALAD, GREEN FRESHLY BAKED BR FRUIT MILK	Jan - 2 Jan - 9
Jan - 12 NACHOS or Mini Corn Dogs MACARONI & CHEESE BROCCOLI, raw FRUIT MILK	Jan - 13 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Jan - 14 POPCORN CHICKEN MASHED POTATOES CHICKEN GRAVY GREEN BEANS FRUIT FRESHLY BAKED BR MILK	Jan - 15 SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	Jan - 16
Jan - 19 NACHOS or MANDARIN CKN BROWN RICE BROCCOLI EGG ROLLS FRUIT MILK	Jan - 20 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Jan - 21 FINGER STKS MASHED POTATOES GREEN BEANS CHICKEN GRAVY FRUIT FRESHLY BAKED BR MILK	Jan - 22 SALAD BAR or SLOPPY JOES FRENCH FRIES CARROT STICKS FRUIT MILK	Jan - 23
Jan - 26 NACHOS or RIB-A-QUE/CHEESE BROCCOLI, raw TATER TOTS FRUIT MILK	Jan - 27 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Jan - 28 CHICKEN CHUNKS MASHED POTATOES CHICKEN GRAVY GREEN BEANS FRUIT FRESHLY BAKED BR MILK	Jan - 29 SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	Jan - 30

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

*** -** denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.