

Melba School District
003 - MELBA HIGH SCHOOL
Oct 2025 Lunch Menu
MID/HIGH

Sep 8, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		Oct - 1 POPCORN CHICKEN MASHED POTATOES CHICKEN GRAVY GREEN BEANS FRUIT FRESHLY BAKED BR MILK	Oct - 2 SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	Oct - 3
Oct - 6 NACHOS or MANDARIN CKN BROWN RICE BROCCOLI EGG ROLLS FRUIT MILK	Oct - 7 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Oct - 8 FINGER STKS MASHED POTATOES GREEN BEANS CHICKEN GRAVY FRUIT FRESHLY BAKED BR MILK	Oct - 9 SALAD BAR or SLOPPY JOES FRENCH FRIES CARROT STICKS FRUIT MILK	Oct - 10
Oct - 13 NACHOS or RIB-A-QUE/CHEESE BROCCOLI, raw TATER TOTS FRUIT MILK	Oct - 14 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Oct - 15 CHICKEN CHUNKS MASHED POTATOES CHICKEN GRAVY GREEN BEANS FRUIT FRESHLY BAKED BR MILK	Oct - 16 SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	Oct - 17
Oct - 20 NACHOS or CHEESEBURGER CARROT STICKS TATER TOTS FRUIT MILK	Oct - 21 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Oct - 22 CHICKEN SANDWICH POTATO CHIPS BROCCOLI, raw FRUIT MILK	Oct - 23 SALAD BAR or SPAGHETTI AND ME SALAD, GREEN FRESHLY BAKED BR FRUIT MILK	Oct - 24
Oct - 27 NACHOS or Mini Corn Dogs MACARONI & CHEES BROCCOLI, raw FRUIT MILK	Oct - 28 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Oct - 29 POPCORN CHICKEN MASHED POTATOES CHICKEN GRAVY GREEN BEANS FRUIT FRESHLY BAKED BR MILK	Oct - 30 SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	Oct - 31

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.