## Oct 22, 2024

## Melba School District 003 - MELBA HIGH SCHOOL

Nov 2024	Lunc	hΛ	/ler
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Monday	Tuesday	Wednesday	Thursday	Friday
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Nov - 4	Nov - 5	Nov - 6	Nov - 7	Nov - 8
NACHOS or RIB-A-QUE/CHEESE BROCCOLI,raw TATER TOTS FRUIT MILK	PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	CHICKEN CHUNKS MASHED POTATOES CHICKEN GRAVY GREEN BEANS FRUIT FRESHLY BAKED BR MILK	SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	
Nov - 11	Nov - 12	Nov - 13	Nov - 14	Nov - 15
NACHOS or CHEESEBURGER CARROT STICKS TATER TOTS FRUIT MILK	PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	CHICKEN SANDWICH POTATO CHIPS BROCCOLI,raw FRUIT MILK	SALAD BAR or SPAGHETTI AND ME SALAD,GREEN FRESHLY BAKED BR FRUIT MILK	
Nov - 18	Nov - 19	Nov - 20	Nov - 21	
NACHOS or Mini Corn Dogs MACARONI & CHEES BROCCOLI,raw FRUIT MILK	PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	POPCORN CHICKEN MASHED POTATOES CHICKEN GRAVY GREEN BEANS FRUIT FRESHLY BAKED BR MILK	SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.