

## Moving Forward

The word for this school year is forward and the theme for the school year is moving forward. The focus is to use each day to keep moving forward and to help move ourselves, our families, our school, and our communities forward. A couple of the definitions for forward are:

“onward so as to make progress; toward a successful conclusion” -adverb

“moving or tending onward to a successful conclusion” -adjective

“help to advance (something); promote”-verb

It can be very helpful to focus on moving forward and thinking about it each day. If you look at everything you have to accomplish over the semester or the year it can become overwhelming and intimidating. But if you focus on making progress forward and realize that even the smallest movement forward is still “moving you toward a successful conclusion” then amazing things can happen. Here is a short video about the difference one degree makes:

[Simple Truths: 212 The Extra Degree on Vimeo](#)

It is also important to realize that the “successful conclusion” might be different for each person and not to discount your’s or others’ success because it doesn’t meet the definition of someone else. The goal is to use each day you are given to move forward at bettering yourself, your family, your school, and your community. So, moving forward is not just about you. While you are moving forward it is also important to look around and see if you can help someone else as well. Again, the move forward does not necessarily have to be a giant one, it can be a small one that makes a big difference. Here is another short video about the difference of 1 percent:

<https://youtube/GeFjP5sMXr0>

With that in mind, I came up with another definition of forward:

**F**ocus

**O**n

**R**eaching up

**W**hile

**A**lso

**R**eaching

**D**own to pull others up

**Mustangs**

Moving Forward Together

