

# Melba School District

## Melba Lunch K-5 September 2022

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|----------|
|   |   |   | Sep - 1<br>TURKEY, HAM, BEEF COMBINATION SUB.<br>BROCCOLI,raw<br>POTATO CHIPS<br>FRUIT<br>MILK<br>CARROT STICKS                  | Sep - 2  |
| Sep - 5   | Sep - 6<br>PIZZA<br>BAKED BEANS<br>SALAD, GREEN<br>FRUIT<br>MILK  | Sep - 7<br>FINGER STKS<br>MASHED POTATOES<br>GREEN BEANS<br>CHICKEN GRAVY<br>FRESHLY BAKED BR<br>FRUIT<br>MILK      | Sep - 8<br>SLOPPY JOES<br>FRENCH FRIES<br>FRUIT<br>CARROT STICKS<br>MILK<br>SPAGHETTI AND ME<br>SALAD, GREEN<br>FRESHLY BAKED BR | Sep - 9  |
| Sep - 12<br>Mini Corn Dogs<br>CARROT STICKS<br>MACARONI & CHEES<br>FRUIT<br>MILK      | Sep - 13<br>PIZZA<br>BAKED BEANS<br>SALAD, GREEN<br>FRUIT<br>MILK | Sep - 14<br>CHICKEN NUGGETS<br>MASHED POTATOES<br>CHICKEN GRAVY<br>GREEN BEANS<br>FRUIT<br>FRESHLY BAKED BR<br>MILK | Sep - 15<br>TURKEY, HAM, BEEF COMBINATION SUB.<br>CARROT STICKS<br>POTATO CHIPS<br>FRUIT<br>MILK                                 | Sep - 16 |
| Sep - 19<br>CHEESEBURGER<br>SALAD, GREEN<br>TATER TOTS<br>FRUIT<br>MILK               | Sep - 20<br>PIZZA<br>BAKED BEANS<br>SALAD, GREEN<br>FRUIT<br>MILK | Sep - 21<br>CKN DRUMMIES<br>MASHED POTATOES<br>CHICKEN GRAVY<br>CORN<br>FRUIT<br>FRESHLY BAKED BR<br>MILK           | Sep - 22<br>SPAGHETTI AND ME<br>SALAD, GREEN<br>FRESHLY BAKED BR<br>FRUIT<br>MILK  | Sep - 23 |
| Sep - 26<br>TAQUITOS<br>FRENCH FRIES<br>GREEN BEANS<br>CHEESE STICKS<br>FRUIT<br>MILK | Sep - 27<br>PIZZA<br>BAKED BEANS<br>SALAD, GREEN<br>FRUIT<br>MILK | Sep - 28<br>CHICKEN SANDWICH<br>POTATO CHIPS<br>BROCCOLI,raw<br>FRUIT<br>MILK<br>JUICE                              | Sep - 29<br>TURKEY, HAM, BEEF COMBINATION SUB.<br>BROCCOLI,raw<br>POTATO CHIPS<br>FRUIT<br>MILK<br>CARROT STICKS                 | Sep - 30 |

This institution is an equal opportunity provider

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Melba School District**  
**Melba Breakfast K-5**  
**BREAKFAST**  
**2022**

| Monday  | Tuesday  | Wednesday                                      | Thursday  | Friday   |
|---|--|--|---|----------|
|   |  |  | Sep - 1<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK                     | Sep - 2  |
| Sep - 5   | Sep - 6<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK  | Sep - 7<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK  | Sep - 8<br>BREAKFAST PIZZA<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK  | Sep - 9  |
| Sep - 12<br>FRENCH TOAST OR<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 13<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 14<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 15<br>BREAKFAST PIZZA<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 16 |
| Sep - 19<br>FRENCH TOAST OR<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 20<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 21<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 22<br>BREAKFAST PIZZA<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 23 |
| Sep - 26<br>FRENCH TOAST OR<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 27<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 28<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 29<br>BREAKFAST PIZZA<br>CEREAL<br>BREAKFAST FRUIT,<br>MILK | Sep - 30 |

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**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

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