

Melba School District
Melba Lunch K-5
001 - MELBA ELEM SCHOOL
OCTOBER
2022

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 3 NACHOS w/meat&che FRUIT MILK BROCCOLI,raw	Oct - 4 PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	Oct - 5 FINGER STKS MASHED POTATOES GREEN BEANS CHICKEN GRAVY FRESHLY BAKED BR FRUIT MILK	Oct - 6 SLOPPY JOES FRENCH FRIES FRUIT CARROT STICKS MILK	Oct - 7
Oct - 10 HOT DOG ON A BUN CELERY STICKS TATER TOTS FRUIT MILK	Oct - 11 PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	Oct - 12 CKN DRUMMIES MASHED POTATOES CHICKEN GRAVY CORN FRUIT FRESHLY BAKED BR MILK	Oct - 13 TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	Oct - 14
Oct - 17 CHEESEBURGER TATER TOTS FRUIT MILK CARROT STICKS	Oct - 18 PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	Oct - 19 CHICKEN SANDWICH POTATO CHIPS BROCCOLI,raw FRUIT MILK	Oct - 20 SPAGHETTI AND ME SALAD,GREEN FRESHLY BAKED BR FRUIT MILK	Oct - 21
Oct - 24 Mini Corn Dogs CARROT STICKS MACARONI & CHEES FRUIT MILK	Oct - 25 PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	Oct - 26 CHICKEN NUGGETS MASHED POTATOES CHICKEN GRAVY GREEN BEANS FRUIT FRESHLY BAKED BR MILK	Oct - 27 TURKEY, HAM, BEEF COMBINATION SUB. BROCCOLI,raw POTATO CHIPS FRUIT MILK	Oct - 28
Oct - 31 NACHOS w/meat&che FRUIT MILK BROCCOLI,raw				

This institution is an equal opportunity provider

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.