

Melba School District

JAN
MID/HIGH
2022

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 3 NACHOS or CHEESEBURGER BROCCOLI,raw TATER TOTS FRUIT MILK	Jan - 4 PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	Jan - 5 BONELESS WINGS MASHED POTATOES FRUIT CHICKEN GRAVY GREEN BEANS FRESHLY BAKED BR MILK	Jan - 6 SALAD BAR or SLOPPY JOES FRENCH FRIES CARROT STICKS FRUIT MILK JUICE	Jan - 7
Jan - 10 NACHOS or RIB-A-QUE/CHEESE CELERY STICKS TATER TOTS FRUIT MILK	Jan - 11 PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	Jan - 12 CHICKEN SANDWICH POTATO CHIPS BROCCOLI,raw FRUIT MILK JUICE	Jan - 13 SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	Jan - 14
Jan - 17 NACHOS or MANDARIN CKN BROWN RICE BROCCOLI EGG ROLLS FRUIT MILK	Jan - 18 PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	Jan - 19 FINGER STKS MASHED POTATOES GREEN BEANS CHICKEN GRAVY FRUIT FRESHLY BAKED BR MILK	Jan - 20 SALAD BAR or SPAGHETTI AND ME SALAD,GREEN CHEESE STICKS FRUIT MILK	Jan - 21
Jan - 24 NACHOS or Mini Corn Dogs MACARONI & CHEES CARROT STICKS FRUIT MILK	Jan - 25 PIZZA BAKED BEANS SALAD,GREEN FRUIT MILK	Jan - 26 CHICKEN NUGGETS MASHED POTATOES CHICKEN GRAVY GREEN BEANS FRUIT FRESHLY BAKED BR MILK	Jan - 27 SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. BROCCOLI,raw POTATO CHIPS FRUIT MILK	Jan - 28
Jan - 31 NACHOS or CHEESEBURGER BROCCOLI,raw TATER TOTS FRUIT MILK				

This institution is an equal opportunity provider

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.