

Melba School District

OCTOBER
MID/HIGH
2021

Sep 28, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 4 NACHOS or MANDARIN CKN BROWN RICE BROCCOLI EGG ROLLS FRUIT MILK	Oct - 5 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Oct - 6 FINGER STKS MASHED POTATOES GREEN BEANS CHICKEN GRAVY FRUIT FRESHLY BAKED BR MILK	Oct - 7 SALAD BAR or TAQUITOS SWEET POT FRIES CHEESE STICKS FRUIT MILK	Oct - 1 Oct - 8
Oct - 11 NACHOS or Mini Corn Dogs MACARONI & CHEES CARROT STICKS FRUIT MILK	Oct - 12 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Oct - 13 CHICKEN NUGGETS MASHED POTATOES CHICKEN GRAVY GREEN BEANS FRUIT FRESHLY BAKED BR MILK	Oct - 14 SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	Oct - 15
Oct - 18 NACHOS or CHEESEBURGER SALAD, GREEN TATER TOTS FRUIT MILK	Oct - 19 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Oct - 20 BONELESS WINGS MASHED POTATOES FRUIT CHICKEN GRAVY GREEN BEANS FRESHLY BAKED BR MILK	Oct - 21 SALAD BAR or SLOPPY JOES FRENCH FRIES CARROT STICKS FRUIT MILK JUICE	Oct - 22
Oct - 25 NACHOS or RIB-A-QUE/CHEESE CELERY STICKS TATER TOTS FRUIT MILK	Oct - 26 PIZZA BAKED BEANS SALAD, GREEN FRUIT MILK	Oct - 27 CHICKEN SANDWICH POTATO CHIPS BROCCOLI, raw FRUIT MILK JUICE	Oct - 28 SALAD BAR or TURKEY, HAM, BEEF COMBINATION SUB. CARROT STICKS POTATO CHIPS FRUIT MILK	Oct - 29

This institution is an equal opportunity provider

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.